

CONFIDENCE IS A CRAFT

HOW TO CREATE INSTANT BRAVADO

Most people think confidence is something you have or something built over decades. It's neither. This session proves you can build it on demand — in 90 minutes — through science-backed exercises and a few gloriously unorthodox techniques.

WHO IT'S FOR

- Employees at creative-focused companies — but really, anywhere confidence is required (so, everywhere).
- Creative leaders who know confidence is a key component of selling great work.
- Anyone in an outcomes-driven environment who wants to step into the room differently.

WHAT HAPPENS IN THE ROOM

- E.G.O. — Go from negativity to positivity in 30 seconds.
- F*#K This — Increase confidence, risk-taking, and humor (with science).
- Alter Ego — Be you, but also be someone else.
- Guided discussion and reflection.

WHAT PEOPLE LEAVE WITH

- The truth about confidence.
- Greater presentation skills and selling strategies.
- A PDF full of practical tools that can be implemented immediately.

THE ABILITY TO STEP INTO THEIR MOST CONFIDENT SELVES — ON DEMAND.

IN SHORT

75-90 MINUTE SESSION OR HALF-DAY WORKSHOP. IN-PERSON OR REMOTE. UP TO ~25 PEOPLE.

SINGLE TALK · 90 MIN · \$4,500 · HALF-DAY · 3-4 HRS · \$8,000 · FULL-DAY · 6-7 HRS · \$12,000